



Circle of Security[®]

PARENTING SERIES

Baptcare

The Circle of Security is a group program focussing on the attachment and bond between parents and their children. At times, all parents feel lost or without a clue about what their child was really asking from them. Often the parent-child relationships have been disrupted by parental conflict and other family issues.

You will...

- Learn how to understand your child's emotions by learning to read their emotional needs
- Learn how to support your child to successfully manage their emotions
- Learn how to enhance the development of your child's self esteem

Who:	Parents with children aged 0-5 years from Brimbank or Melton.
When:	The group will run for 8 weeks. Starting 26/07/18 – 13/09/18
Time:	Thursdays, 10 am - 12.00noon (with light refreshments provided)
Where:	St Albans Primary School Hub, 39 W Esplanade, St Albans VIC 3021
Child Care:	Will be provided on-site (no cost)
Cost:	Free!!

To register or for more information:

Please call Fatou Diallo on **0419958827** or Hoda Nahal on **0436407119** at **Baptcare**.



Circle of Security
INTERNATIONAL™
Early Intervention Program for Parents & Children