



# Circle of Security<sup>®</sup>

## PARENTING SERIES

## Baptcare

The Circle of Security is a group program focussing on the attachment and bond between parents and their children. At times, all parents feel lost or without a clue about what their child was really asking from them. Often the child-parent relationships have been disrupted by parental conflict and other family issues.

### You will...

- Learn how to understand your child's emotions by learning to read their emotional needs
- Learn how to support your child to successfully manage their emotions
- Learn how to enhance the development of your child's self esteem

- Who:** Parents of children aged 0-5 years old, living in Melton
- When:** The group will run for 8 weeks (starting 8/2/18 –29/3/2018)
- Time:** Thursday 10am-12pm
- Where:** TBA
- Cost:** Free!!
- Child Care:** Will be provided on-site (no cost)

### More information:

Please call Hoda Nahal at **Baptcare Family Services** on: **0436407119** or **Christine Byrant** on **97475447**



**Circle of Security**  
INTERNATIONAL™  
*Early Intervention Program for Parents & Children*

